



Name: Refael Yonatan-Leus

Date: 12/11/2022

CURRICULUM VITAE

1. Personal Details

Permanent Home Address: Derech Karmit 5 , Jerusalem

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2. Higher Education

A. Undergraduate and Graduate Studies

2012-2013 MBA in Strategy and Finance at the Jerusalem School of Business Administration at the Hebrew University of Jerusalem. Graduated with honors.

2010-2012 MA in Clinical Psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty and Truthfulness: Between Therapeutic Asset and a Moral and Ethical Position. Comparison of Honesty Level as Measured by Self Report Questionnaires, Between Psychologists and Others.* Supervision: Prof. Gaby Shefler.

2006-2009 BA in Psychology and Business Administration at the Hebrew University of Jerusalem. Graduated with honors.

B. Doctoral Degree and Post-Doctoral Studies

2013-2019 PhD in Clinical Psychology at the department of psychology at the Hebrew University of Jerusalem. Dissertation title: *Honesty, Playfulness, Creativity, and Humor as Outcome, Process and Therapist Variables in Psychotherapy.* Supervision: Prof. Gaby Shefler and Prof. Orya Tishby.

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Institution and Department	Rank/Position
02.12.2021	Department of Psychology the College of Management Academic Studies	Senior Lecturer

5. Scholarly Positions and Activities outside the Institution



Reviews for *Psychotherapy Research*.

Reviews for *Counselling Psychology Quarterly*.

Reviews for *Clinical Psychology and Psychotherapy*.

Reviews for *Journal of Social Psychology Research*.

Reviews for *Journal of Clinical Psychology*.

Reviews for *BMJ open*.

6. Participation in Scholarly Conferences

a. Active Participation

Date	Name of Conference	Place	Subject of Lecture/Discussion	Role
2016, June	The 47th international annual meeting of the Society for Psychotherapy Research	Jerusalem	Therapist effect: Honesty, playfulness, creativity and humor as predictors of successful therapy	
2018, June	The 49th international annual meeting of the Society for Psychotherapy Research	Amsterdam	Assessing the association between outpatient psychotherapy and health care utilization	
2018, July	Post 49th international annual meeting of the Society for Psychotherapy Research	Jerusalem	Therapist effect as an indication to internal validity in naturalistic psychotherapy study	
2019, June	Seminar of the Clinical division of the Israeli Psychological Association	Bar Ilan University	The relationship between the mental health system and the mentally ill. Economics diagnosis and treatment	
2020, February	The second annual meeting of the Israeli group of society for psychotherapy research	The Hebrew University	Do Positive Features of Mental Health Change Together with Symptoms and Do They Predict Each Other?	
2020, May	The first seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	The Academic College of Tel Aviv-Yaffo (Zoom)	Unique outcome variables for unique treatment modalities	
2021, June	The Israel Psychiatric association annual conference	The dead sea	Psychodynamic psychotherapy is associated with sustained reduction in health care utilization and cost	
2021, June	A conference of Freud Center for Psychoanalytic Research	The Hebrew University (Zoom)	The "Lechol Nefesh" project - Preliminary findings from evaluation studies	
2021, October	The second annual meeting of the Israeli group of society for	The Academic College of	The combined effect of psychodynamic psychotherapy and pharmacotherapy on	



	psychotherapy research	Tel Aviv-Yaffo	healthcare cost	
2022, July	The 53rd international annual meeting of the Society for Psychotherapy Research in Denver.	Denver	Empirical Examination of Long-Term and Intensive Psychoanalytic Psychotherapy for Severely Disturbed Patients.	
2022, September	The 9 th European chapter meeting of the Society for Psychotherapy Research.	Rome	What is the Pattern of Change in Healthcare Cost Before and During Psychotherapy?	

b. Organization of Conferences or Sessions

Date	Name of Conference	Place	Subject/Role of Conference, Comments	Role
2017, March	A celebratory conference on the seventh anniversary of the journal "Marag" on the subject of psychoanalytic writing	Tel Aviv Cinematheque		Member of organizing committee
2020, May	The first seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	The Academic College of Tel Aviv-Yaffo (Zoom)		Member of organizing committee
2022, February	The second seminar of the Israeli Psychotherapy Group and the Clinical Division of the Israeli Psychological Association	Bar Ilan University		Member of organizing committee

7. Invited Lectures\ Colloquium Talks

Date	Place of Lecture	Name of Forum	Presentation/Comments
8.11.22	Achva College	Clinical program	Non-standard outcome variables of psychotherapy

9. Scholarships, Awards and Prizes

2022	Annual Outstanding Researcher Award from the School of Behavioral Sciences and the Department of Psychology the College of Management Academic Studies.
2016	Salinsky prize for theoretical and applied research in psychoanalysis and related fields,



Freud Research Center, Hebrew University of Jerusalem.

- 2015 Salinsky prize for theoretical and applied research in psychoanalysis and related fields, Freud Research Center, Hebrew University of Jerusalem.
- 2011 Merit scholarship for graduate studies, Hebrew University of Jerusalem.
- 2008-2009 Student Exchange program for outstanding students of the European Union at the Complutense University of Madrid (Erasmus Mundus External windows 2- UCM).
- 2007 Merit scholarship for undergraduate studies, Hebrew University of Jerusalem.

10. Teaching

a. Courses Taught in Recent Years

Year	Course Name	Type: Lecture/Seminar/Workshop/ High Learn Course/Introduction	Degree	No. of Students
2021-2022	Developmental Psychology A	Lecture	BA	70
2021-2022	Fundamentals in Psychopathology, The Contribution of Personality Organization		MA	15
2021-2022	Short-term dynamic psychotherapy with an emphasis on adolescents and young people		MA	15

12. Professional Experience

License number (psychologist): 27-119396 Specialist License number (In clinical psychology): 27-35517

2020 - Licensed clinical psychologist, out-patient clinic "Brazil" of Clalit Health Services.

2017- 2020 Licensed clinical psychologist, in-patient unit "Brazil" of Clalit Health Services.

2015-2017 Internship in Clinical Psychology at the adult out-patient clinic of "Talbiya" mental health center of Clalit Health Services.

2013-2014 Internship in Clinical Psychology at the In-patient Unit "Brazil" of Clalit Health Services.

2010-2012 Practicum in the adult out-patient clinic of "Talbiya" mental health center.



PUBLICATIONS

A. Ph.D. Dissertation

Honesty, Playfulness, Creativity, and Humor as Outcome, Process and Therapist Variables in Psychotherapy.

D. Articles in Refereed Journals

Published

1. **Yonatan-Leus, R.** (2013) the Pre-Traumatic Zionist Dream: A Freudian Study of Biblical Etymological Interpretations of the Name 'Zion'. Magnes Press. Ma'arag : The Israeli Annual of Psychoanalysis, Volume 4, pp. (137-175).
2. **Yonatan-Leus, R.,** Tishby, O., Shefler, G., & Wiseman, H. (2018). Therapists' honesty, humor styles, playfulness, and creativity as outcome predictors: A retrospective study of the therapist effect. *Psychotherapy Research, 28*(5), 793-802.
3. **Yonatan-Leus, R.,** Shefler, G., & Tishby, O. (2019). Changes in playfulness, creativity and honesty as possible outcomes of psychotherapy. *Psychotherapy Research, 1*-12.
4. **Yonatan-Leus, R.,** Tishby, O., Abargil, M., & Wiseman, H. (2019). Therapist Effects in Yearlong Psychodynamic Therapy: An Exploratory Study. *Clinical Psychology & Psychotherapy.*
5. **Yonatan-Leus, R.,** Shefler, G., & Tishby, O. (2020). Do positive features of mental health change together with symptoms and do they predict each other? *Psychotherapy.*
6. **Yonatan-Leus, R.,** Strauss, A., & Cooper-Kazaz, R. (2020). Psychodynamic Psychotherapy is Associated with Sustained Reduction in Health Care Utilization and Cost. *Clinical Psychology & Psychotherapy.*
7. Shulman, S., Seiffge-Krenke, I., **Yonatan-Leus, R.,** & Livneh, E. (2021). Symptomabnahme und Verbesserungen der Fertigkeiten zur Transition nach psychodynamischer Therapie bei jungen Erwachsenen. *PDP-Psychodynamische Psychotherapie, 20*(4), 361-371.
8. **Yonatan-Leus, R.,** Abargil, M., & Cooper-Kazaz, R. (2022). The Combined Effect of Psychodynamic Psychotherapy and Pharmacotherapy on Healthcare Cost. *Psychotherapy Research.*

E. Articles or Chapters in Scientific Books (which are not Conference Proceedings)

Published

1. *Shefler, G, Lederman, S., & **Yonatan-Leus, R.** (2020). Ethical Issues in Psychotherapy of Other Therapists: Description, Considerations, and Ways of Coping. In M. Trachsel, S. Tekin, W. Biller-



Andorno, J. Gaab, & J. Z. Sadler (Ed.) *Handbook of Psychotherapy Ethics*. Oxford University Press. *Equal contribution of all authors

K. Submitted Publications

Abargil, M., Tishby, O., **Yonatan-Leus, R.**, & Wiseman, H. (submitted). Changes in Transference Patterns and Their Relation to Treatment Outcome.

Shefler, G, Abargil, M, **Yonatan-Leus, R**, Finkenberg, R., & Amir, I. (submitted). Empirical examination of long-term and intensive psychoanalytic psychotherapy for severely disturbed patients.

Shmuel, S., **Yonatan-Leus, R.**, & Zilberberg, O. (submitted). Understanding Stability and Change in Depressive Symptoms Trajectories Across Young Adulthood: A Mixed-method Study.

Shmuel, S., & **Yonatan-Leus, R** (submitted). Does casual sex among emerging adults affect the quality of future relationships?

Yonatan_Leus, R., & Cooper-Kazaz, R. (submitted). Therapist Effects as Evidence of Internal Validity: Application of Bayesian Methods to Naturalistic Health Service Use and Cost Data.

L. Summary of My Research Activities and Future Plans

I am currently working on several collaborations on research in the following areas: Developmental Psychology in adolescence and young adulthood. Cost of economic benefit of psychotherapy in severe cases. Cost and economic benefit of psychiatric medications. Process variables in psychotherapy research. Transference and Countertransference in Psychodynamic Psychotherapy. Therapist effects. Long intensive psychodynamic psychotherapy for complex patients.
