



Name: Sofi Marom Date: October 2022

The College of Management Academic Studies, School of Behavioral Studies, Psychology Department, Rishon Lezion, Israel.

CURRICULUM VITAE

1. Personal Details

Permanent Home Address: 7/61 Aluf Kalman Magen, Tel-Aviv 6107079, Israel

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2. Higher Education

A. Undergraduate and Graduate Studies

1979 - M.A. Clinical Psychology, Tel-Aviv University, Israel, Honorary.

1974 - B.A. Psychology, Philosophy, Tel-Aviv University, Israel.

B. Doctoral Degree and Post-Doctoral Studies

2000 - Ph.D. University of Nottingham, Medical School, School of Community Health Sciences, UK. Thesis supervisors: Prof. P. Jones (Cambridge, UK); Prof. H. Munitz

(Tel Aviv University)

1995 - Psychotherapy Supervisor - Israeli Ministry of Health (License:57-4039)

1987 - Clinical Psychologist - Israeli Ministry of Health (License: 55-2045)

3. Academic Ranks and Tenure in Institutes of Higher Education

| Dates | Institution and Department | Rank/Position |
|--------------|--|-----------------------------------|
| 2019 - | The College of Management Academic Studies, School of Behavioral Studies, Psychology Department, Rishon Lezion, Israel | Associate Professor (of practice) |



| Dates | Institution and Department | Rank/Position |
|-------------|---|--|
| 2007 - 2017 | Geha Mental Health Center*, CBT and Anxiety Disorders Program | Head of Program |
| 2003 - 2004 | Schneider Children's Medical Center of Israel* | CBGT Project for Social Phobia (Adolescents) |
| 1996 - 2017 | Geha Mental Health Center*, Social Phobia Unit | Head of Unit |
| 1994 - 2017 | CRF Management Team | Associate in Clinical Trials |
| 1992 - 2017 | Geha Mental Health Center*, CBT and Anxiety Disorder Unit | Senior Psychologist |

*Affiliated with Tel Aviv University.

4. Scholarly Positions and Activities outside the Institution

Membership in Professional Organizations

- 2009-2011 National Council for the Prevention of Suicide, Ministry of Health - Elderly-Group
- Since 1994 Israel Association of Cognitive Behavior Therapy (ITA)
- Since 1994 European Association of Behavior and Cognitive Therapy (EABCT)
- Since 1980 Israel Psychological Association

Active Participation in Professional Organizations

- 2019-2020 IAPT Israeli Pilot (the Ministry of Health)- Supervising supervisors on CBT for anxiety disorders
- 2018-2020 IAPT Israeli Pilot (the Ministry of Health) - member of steering committee
- 2017-2020 Ministry of Health, Clinical Psychology Committee
- 2017-2020 Ministry of Health, Responsible on accreditation of newcomer psychologists to Israel
- 2017-2019 Israeli Society for Community Mental Health (I.M.A, Psychiatry Division) – Observer
- 2016- Israel Association of Cognitive Behavior Therapy (ITA) - Honorary President
- 2010-2012 Committee for specialization exams in Psychiatry - member
- 2009 - 2016 Israel Association of Cognitive Behavior Therapy (ITA) - Chair



- 2009-2016 European Association of CBT (EACBT) - Representative of Israel
- 2008-2010 Israeli Internet and Psychology Association (ILAB) - Scientific Committee board member
- 2007-2009 Internet Forum for Anxiety (Y-NET) - Anxiety Team
- 2002-2016 Israel Association of Cognitive Behavior Therapy (ITA) - board member
- 2001-2003 Israel Association of Anxiety Disorders and Depression (IAADD) - board member

Reviewer

Sihot-Israeli Journal of Psychotherapy- ad hoc reviewer

Psychiatry Research- ad hoc reviewer 2005

Psychological Medicine- ad hoc reviewer 2004

Israel Journal of Psychiatry- ad hoc reviewer 2003

Guest Editor

Sihot, 2012, 26 (with Dr. S. Friedman)

Israel J Psychiatry, CBT in Psychiatry, 2009, 46. (with Prof. E. Gilboa-Shechtman).

5. Participation in Scholarly Conferences

a. **Active Participation**

| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|------------------------------|---|--------------------------|--|---------------------|
| Conferences in Israel | | | | |
| July, 2019 | Sihot 2 nd Conference | Tel-Aviv, Jaffa College, | Implementation of CBT in Israel | Invited Speaker |
| February, 2019 | Israeli Association for CBT-Acre Conference | Acre | Workshop: CBT for SAD & severe shyness | Workshop leader |
| May, 2018 | 16 th Convention of the Israel Psychiatric Association | Tel-Aviv | SAD prevention by CBGT for SAD in large groups | Co-author/presenter |



| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|----------------|--|------------------------------------|---|--|
| February, 2017 | Israel Association for CBT-Acre Conference | Acre | Workshop: CBT for SAD and severe shyness | Workshop leader |
| April, 2014 | The Clinical Psychologist and the community | Ruppim Academic Center, Emek Hefer | The clinical psychologist following the reform in mental health services in Israel. | Panel chairperson |
| March, 2014 | 18 th Annual Meeting of the Israel Society for Biological Psychiatry | Kibbutz Hagoshrim | Long follow-up of medicated vs. Non-medicated patients following CBGT for Social phobia | Co-author/presenter |
| January, 2013 | 1 st Expert Meeting on Social Anxiety Disorders | Jerusalem | Long term follow up of SAD patients after completion of CBGT | Invited Speaker |
| November, 2012 | 1 st International Conference on cultural Psychiatry in Mediterranean countries | Tel Aviv | Psychopathology: social phobia and OCD | Panel co-chairperson (with Dr Kate Lowental) |
| June, 2012 | Israeli Conference of Psychotherapy | Haifa | Combined treatments | Panel chairperson |
| June, 2012 | The Clinical Psychologist and the community | Ruppim Academic Center, Emek Hefer | Availability of psychological treatments | Panel chairperson |

| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|----------------|---|-------------------|---|---------------------|
| March, 2011 | 15 th Annual Meeting of the Israel Society for Biological Psychiatry | Kibbutz Hagoshrim | Polyunsaturated fatty acid composition in erythrocyte cell membranes of non-depressed generalized social phobia patients before and after psychotherapy | Co-author/presenter |
| March, 2011 | 15 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | Temporo-mandibular disorders and bruxism among social phobia outpatients | Co-author/presenter |
| October, 2010 | Israel Psychological Association | Tel Aviv | Evidence Based Therapies | Invited Speaker |
| December, 2009 | Israel Psychiatric Association: Psychiatry in 2010 | Tel Aviv | Current trends and future of CBT | Panel chairperson |
| May, 2009 | Convention of the Israel Psychiatric Association | Tel Aviv | An update on CBT | Co-author/presenter |
| May, 2006 | 12 th Convention of the Israel Psychiatric Association | Tel Aviv | Brain activation during alternation learning in social anxiety disorder: an fMRI study | Co-author/presenter |
| March, 2006 | Israeli Association for CBT consortium | Tel Aviv | BDD and CBT | Invited Speaker |
| March, 2006 | 10 th Annual Meeting of the Israel Society for Biological Psychiatry | Kibbutz Hagoshrim | Brain Activation Research in Social Anxiety Disorder using fMRI | Co-author/presenter |



| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|-------------|--|-------------|--|---------------------|
| March, 2005 | 9 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | Serotonin uptake to lymphocytes of patients with social phobia compared to normal individuals | Co-author/presenter |
| March, 2005 | 9 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | Brain Activation During Alternation Learning in Social Anxiety Disorder: an fMRI Study | Co-author/presenter |
| March, 2005 | 9 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | Co-Occurrence of Obsessive-Compulsive Disorder with other Anxiety Disorders and Personality Disorders: Nosological and Therapeutic Perspective | Co-author/presenter |
| March, 2004 | 8 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | Social Phobia in Israeli conscripts epidemiologic study: prevalence of Social Phobia symptoms and socio-demographic risk factors | Co-author/presenter |
| March, 2004 | 8 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | Red Cell Membrane Omega-3 Fatty Acids in Social Phobia patients | Co-author/presenter |

| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|--------------|--|-------------|---|---------------------|
| April, 2003 | 11 th Convention of the Israel Psychiatric Association | Haifa | An open trial of CBGT for SP: efficacy and predictors of outcome | Co-author/presenter |
| April, 2003 | 11 th Convention of the Israel Psychiatric Association | Haifa | A comparison of CBGT outcome for SP by group size | Co-author/presenter |
| August, 2003 | Israeli Biofeedback Association and Israeli Association for CBT: "Virtual Reality in Psychotherapy" conference | Tel Aviv | Exposure and VR in anxiety disorders | Invited Speaker |
| March, 2002 | 7 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | CBGT for social phobia in SSRI-non responsive patients | Co-author/presenter |
| March, 2002 | 7 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | Alternation learning in social anxiety disorder | Co-author/presenter |
| May, 2001 | Maccabi Health Services - Psychiatry Annual Meeting | Tel Aviv | CBGT in social phobia | Invited Speaker |
| March, 2001 | 6 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | Social Phobia: An update of biological findings, special clinical aspects and psychotherapy | Co-author/presenter |

| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|----------------|---|------------------|--|-------------------------------|
| March, 2001 | 6 th Annual Meeting of the Israel Society for Biological Psychiatry | Kfar Giladi | Familial expressed emotion and compliance with medication: outcome and course of Israeli schizophrenic patients with schizophrenia | Co-author/presenter |
| June, 2000 | Psychology after the year 2000 - International Conference | Haifa University | The psychometric properties of the Liebowitz Scale for Social Phobia | Co-author/Poster presentation |
| April, 2000 | Israel Psychiatric Association | Jerusalem | Social phobia subtyping using the MMPI-II | Co-author/presenter |
| November, 1999 | Israel Medical Association. Israel Psychiatric Association - Tel-Aviv branch | Tel-Aviv | CBT in 2000 - future directions. | Invited Speaker |
| December, 1997 | Israeli Association of Group Therapy Conference | Tel Aviv | Treating social phobia in groups | Co-author/presenter |
| November, 1997 | World Psychiatric Association Thematic Conference: The Synthesis between Psychopharmacology and Psychotherapy | Tel Aviv | Cognitive Behavior Group Therapy for social phobia (CBGT) | Co-author/presenter |
| November, 1997 | World Psychiatric Association Thematic Conference: The Synthesis between Psychopharmacology and Psychotherapy | Tel Aviv | Familial Expressed Emotion (EE) of Israeli psychotic patients: it's effect on outcome | Co-author/presenter |



| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|----------------|--|-------------|--|---------------------|
| October, 1997 | 26 th Convention of the Israel Psychological Association | Tel Aviv | Cognitive behavior group therapy (CBGT) for social phobia | Co-author/presenter |
| March, 1997 | 9 th Convention of the Israel Psychiatric Association | Tel Aviv | Cognitive behavior group therapy (CBGT) for social phobia | Co-author/presenter |
| December, 1996 | The Israeli Association for Couple and Family Therapy | Tel Aviv | Psycho-educational interventions with families of schizophrenic inpatients | Co-author/presenter |
| March, 1996 | 3 rd Annual Conference of the Israel Society for Biological Psychiatry | Kfar Giladi | Social Phobia-psychological treatments | Co-author/presenter |
| October, 1995 | 25 th Convention of the Israel Psychological Association | Tel Aviv | Expressed Emotion (EE) and the course of schizophrenia | Co-author/presenter |
| October, 1994 | 7 th . Congress of the European College of Neuropsychopharmacology (ECNP) | Tel Aviv | Expressed Emotion (EE) of families of psychotic inpatients: it's effect on outcome and on neuroleptic efficacy | Co-author/presenter |
| May, 1994 | 8 th Convention of the Israel Psychiatric Association | Tel Aviv | Familial Expressed Emotion(EE) and schizophrenia | Co-author/presenter |

| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|---------------------------|--|---------------------|---|---------------------|
| May, 1994 | The Family on the Threshold of the 21st. Century - International Conference | Tel Aviv | Expressed Emotion (EE) and Mental Patients in Israel | Co-author/presenter |
| October, 1993 | 24th Convention of the Israel Psychological Association | Tel Aviv | Expressed Emotion (EE) and the course of schizophrenia | Co-author/presenter |
| September, 1975 | 14 th Convention of the Israel Psychological Association | Jerusalem | Behavior therapy: various applications | Co-author/presenter |
| Conferences Abroad | | | | |
| November 2014. | 4 th Panhellenic conference on cognitive psychotherapies | Athens, Greece | Long follow up of patients that completed CBGT for SAD. | Keynote Speaker |
| November 2014. | 4 th Panhellenic conference on cognitive psychotherapies | Athens, Greece | Workshop: CBGT for SAD with large groups. | Workshop leader |
| July, 2013 | 7th World Congress of Behavioral and Cognitive Therapies | Lima, Peru | A long-term follow up of completers of CBGT for Social Phobia: a naturalistic study | Co-author/presenter |
| July, 2013 | 7th World Congress of Behavioral and Cognitive Therapies | Lima, Peru | CBT in Israel: An illustration-treating youngsters with Social anxiety Disorder | Co-author/presenter |
| September, 2012 | 42 nd Congress of European Association for Behavioral and Cognitive Therapies (EABCT) | Geneva, Switzerland | Long term FU of CBGT in drug-naïve and drug-resistant SAD patients | Co-author/presenter |



| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|-----------------|--|------------------------|---|---------------------|
| July, 2007 | 5 th World Congress of Behavioral and Cognitive Therapies | Barcelona, Spain | Cognitive behavior group therapy for generalized and non-generalized social phobia: group size | Co-author/presenter |
| July, 2007 | 5 th World Congress of Behavioral and Cognitive Therapies | Barcelona, Spain | CBGT for Social Phobia in patients who stutter | Co-author/presenter |
| July, 2007 | 5 th World Congress of Behavioral and Cognitive Therapies | Barcelona, Spain | Cognitive behavior group therapy for generalized and non-generalized social phobia: short and long term effects in a prospective naturalistic study | Co-author/presenter |
| July 2006 | 7 th Congress of the ISSFAL | Cairns, Australia | Fatty acid composition of red blood cell of social phobia patients after psychotherapy | Co-author |
| September, 2003 | 33 rd Congress of the European Association for Behavioral and Cognitive Therapies (EABCT) | Prague, Czech Republic | An open trial of CBGT for social phobia: efficacy and predictors of outcome | Co-author/presenter |
| September, 2003 | 33 rd Congress of the European Association for Behavioral and Cognitive Therapies (EABCT) | Prague, Czech Republic | Group size: it's effect on the efficacy of CBGT outcome for social phobia | Co-author/presenter |

| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|-----------------|--|------------------|--|---------------------|
| September, 2001 | 31 st Congress of the European Association for Behavioral and Cognitive Therapies (EABCT) | Istanbul, Turkey | CBGT for social anxiety: a. Comparison by group size b. Combination with medications | Co-author/presenter |
| September, 2001 | 31 st Congress of the European Association for Behavioral and Cognitive Therapies (EABCT) | Istanbul, Turkey | Familial Expressed Emotion (EE) and compliance with medications: seven-year outcome of Israeli patients with schizophrenia and schizoaffective disorders | Co-author/presenter |
| October, 1999 | Institute of Psychiatry, Social Psychiatry | London, U.K. | Longitudinal study of expressed emotion (EE) and psychosis in Israel | Co-author/presenter |
| October, 1999 | The Midland Psychosis Consortium | Birmingham, U.K. | Longitudinal study of expressed emotion (EE) and psychosis in Israel | Co-author/presenter |
| September, 1997 | 27 th Congress of European Association for Behavioral and Cognitive Therapies (EABCT) | Venice, Italy | Cognitive Behavior Group Therapy (CBGT) for social phobia | Co-author/presenter |



| Date | Name of Conference | Place | Subject of Lecture/Discussion | Role |
|---------------|--|---------------------|--|---------------------|
| October, 1996 | 26 th Conference of the European Association for Behavioral and Cognitive Therapies (EABCT) | Budapest, Hungary | Intensive cognitive behavior therapy and psychopharmacology in extremely severe and resistant OCD patients | Co-author/presenter |
| July, 1995 | World Congress of Behavioral and Cognitive Therapies | Copenhagen, Denmark | Expressed Emotion (EE) of families of Israeli inpatients: it's effect on outcome | Co-author/presenter |

b. Organization of Conferences or Sessions

| Date | Name of Conference | Place | Subject/Role of Conference, Comments | Role |
|------|------------------------------------|-------------------|---|-------|
| 2019 | Ministry of Health: CBT Conference | Tel Aviv, Israel | Implementation of CBT | Chair |
| 2015 | 45th EABCT Congress | Jerusalem, Israel | CBT: A Road to Hope and Compassion for People in Conflict | Chair |

6. Invited Lectures\ Colloquium Talks

| Date | Place of Lecture | Name of Forum | Presentation/Comments |
|------------|--|----------------------------------|---|
| July, 2021 | Shalvata, Mental Health Center, Hod Hasharon, Israel | Outpatient Clinic staff meeting | CBGT for Anxiety Disorders |
| May, 2013 | Bar Ilan University, Ramat Gan, Israel | Psychology Department colloquium | Psychological aspects of chronic pain: from research to therapy. Discussant on case presentation. |

| Date | Place of Lecture | Name of Forum | Presentation/Comments |
|----------------|---|---|--|
| June, 2008 | Interdisciplinary College, Herzliya, Israel | The Israeli Association for Psychology and Internet | Internet and Social Phobia |
| January, 2008 | Interdisciplinary College Herzliya, Israel | Israel Psychological Association | Current state of CBT |
| October, 2007 | Geha Mental Health Center, Petah-Tykva, Israel | Yearly opening staff meeting | BDD: state of the art |
| June, 2007 | Tel Aviv, Israel | Israeli Psychotherapy Association | CBT and Anxiety Disorders |
| May, 2007 | Jaffa Mental Health Center, Tel Aviv, Israel | Ministry of Health Program | CBT for the Anxiety Disorders |
| July, 2006 | Jaffa Mental Health Center, Tel Aviv, Israel | Ministry of Health Program | Social phobia treatment |
| June, 2006 | Tel-Aviv Jaffa College, Tel Aviv Israel | Clinical Colloquium | Shyness and social phobia: similarities and boundaries |
| June 2006 | Geha Mental Health Center, Petah-Tykva, Israel | Yearly final staff meeting | Social phobia and stuttering: CBGT outcome |
| March 2004 | Psychology Department, Bar Ilan University, Ramat Gan, Israel | Weekly staff meeting | CBGT for Social Phobia |
| September 1998 | Psychiatry Department, University of Nottingham, Nottingham, UK | The weekly meeting | EE and course of illness of Israeli schizophrenic patients |
| May, 1997 | Geha Mental Health Center, Petah-Tykva, Israel | Weekly staff meeting | CBGT for social phobia: clinical trial |



| Date | Place of Lecture | Name of Forum | Presentation/Comments |
|-------------|-----------------------------------|----------------------------|---|
| June, 1996 | Geha Mental Health Center, Israel | Yearly final staff meeting | Resistant OCD patients and CBGT: open trial |
| April, 1995 | Geha Mental Health Center, Israel | Weekly staff meeting | EE and course of illness in Israel |

7. Teaching

a. Courses Taught in Recent Years

| Year | Course Name | Type: Lecture/Seminar/Workshop/ High Learn Course/Introduction | Degree | No. of Students |
|-------------|------------------------------------|--|--|-----------------------|
| 2019- | Principles of CBT and advanced CBT | The College for Management Academic Studies | MA Program in Clinical Psychology | 15 (each course) |
| 2018-2020 | Consultation using CBT | The College for Management Academic Studies | MA Program in Psychology of Sports | +30 (each course) |
| March, 2018 | CBT in Social Anxiety | Albanian CBT center (Tirana, Albania) | Program of CBT for Psychology specialists | +30 |
| 2017-2018 | Principles of CBT | The College for Academic Studies, Or-Yehuda | MA Program in developmental and educational Psychology | +30 (in each program) |
| 2010- 2014 | Psychological Interview | Ruppin Academic Center, Hefer Valley | MA Program in Clinical Psychology | +20 (in each program) |
| 2010-2014 | Principles of CBT | Rupin Academic Center, Hefer Valley | MA Program in Clinical Psychology | +20 (in each program) |



| Year | Course Name | Type: Lecture/Seminar/Workshop/ High Learn Course/Introduction | Degree | No. of Students |
|------------|---|---|--|----------------------|
| 2009-2010 | CBT Course | Clalit Health Services – <u>High Learn Course</u> – course coordinator and lecturer | Mental health practitioners, physicians, medical professions | + 50 |
| 2003- 2010 | CBT Principles | Academic College of Tel-Aviv Jaffa (Affiliated with Tel-Aviv University) | MA Program in Clinical and Medical Psychology | +20-30 (each course) |
| 2003-2005 | CBT Principles and use in various disorders | Sackler Medical School ,Tel- Aviv University, course coordinator. | Program for Post Graduate Psychiatry interns | + 50 (each course) |
| 2003- | CBT for Social Anxiety Disorder (SAD) | Tel Aviv University, Sackler Faculty of Medicine, Psychiatry (lectures) | Program for Post Graduate Psychiatry interns | |
| 2002-2004 | CBT in Anxiety Disorders | The Psychotherapy School at the Maggid Institute, Hebrew University, Jerusalem, | Psychology and psychotherapy professions specialists | +40 (each course) |
| 2000-2004 | CBT | Schneider Children’s Medical Center of Israel, Petah Tikva (Workshop and supervision) | Psychology, medical, specialists and other health care professions | |
| 2000- | | Teaching in major CBT programs in Israel (lectures) | Psychology, medical, specialists and mental health professions | |
| 1998-1999 | CBT in Anxiety Disorders | Rambam Medical Center, Haifa. Lectures. | Medical and Psychology residents | |



| Year | Course Name | Type: Lecture/Seminar/Workshop/ High Learn Course/Introduction | Degree | No. of Students |
|-------------|---|--|---|-------------------|
| 1996 - 2017 | CBT in Anxiety disorders | Geha Mental Health Center, affiliated with Sackler Faculty of Medicine, Tel-Aviv University (lectures) | Medical students | |
| 1995- 2000 | CBT in Anxiety disorders and therapeutic interventions in schizophrenia | Sackler Faculty of Medicine, Tel-Aviv University <u>High Learn Course</u> . | Psychiatry residents | +20 |
| 1994-1998 | Introducing the MMPI for Psychological diagnosis | Geha Mental Health Center, affiliated with Sackler Faculty of Medicine, Tel-Aviv University. (Workshops) | Psychology interns | +15 (each course) |
| 1979-1983 | General Hospital Practices | Tel-Aviv University, Department of Psychology | BA | +15 |
| 1992 - 2017 | State of the Art CBT in Anxiety disorders | Geha Mental Health Center, affiliated with Sackler Faculty of Medicine, Tel-Aviv University | Psychiatry and Psychology residents, interns, and post-graduate students, | |
| 1993 - 1996 | Principles of Psychology | Dina Nursing School, affiliated with Sackler Faculty of Medicine, Tel-Aviv University. | Post graduate nurses | +20 (each course) |

b. Supervision of Graduate Students

| Name of Student | Title of Thesis | Degree | Completion Date / in Progress | Students' Achievements |
|-------------------|---------------------------------------|--------|----------------------------------|---------------------------|
| A. Grossman-Giron | Social Anxiety and Sexual Dysfunction | MA | 2013 | High |



| Name of Student | Title of Thesis | Degree | Completion Date / in Progress | Students' Achievements |
|--------------------|---|--------|----------------------------------|---------------------------|
| K. Hasenson-Atzmon | Cultural impact on Social Anxiety Disorder among Ethiopian and Russian immigrants | MA | 2013 | High |
| T. Tavor | Long Follow-up of CBGT SAD Completers | MA | 2013 | High |
| K. Zeifert | Long Follow-up of CBGT SAD Completers: Medicated Patients vs. Non medicated. | MA | 2013 | High |

8. Professional Experience

Expert in Psychotherapy of Anxiety Disorders, Psychotherapy of Social Anxiety (SAD) and Individual and Group Psychotherapy (CBGT). As Head of the SAD Center at Geha Mental Health Center responsibilities included: research, psychotherapy, teaching and supervision.



PUBLICATIONS

A. Ph.D. Dissertation

Longitudinal Studies of Expressed Emotions (EE and Psychosis in Israel)

Institution: University of Nottingham, UK.

Supervisors: Peter Jones (Nottingham University) Hanan Munitz (Tel Aviv University).

No. of pages: 476

Language: English.

Publications: see in "Articles in Refereed Journals" entries 5 and 12.

B. Scientific Books (Refereed)

a. Authored Books

Published

1. **S. Marom**, M. Newborn, M. Labin, E. Gilboa-Schechtman. 2016. Self Help for Social Phobia. (Hebrew) Diunon-Probook. [465 pp.]

b. Edited Books and Special Journal Issues

Published

S. Marom, E. Gilboa-Schechtman, N. Mor, J. Meyers. (Eds.) 2011. Cognitive Behavioral Therapy for Adults: Therapeutic Principles (Hebrew). Diunon-Probook. [422 pp.]

1. N. Mor, J. Meyers. **S. Marom**, E. Gilboa-Schechtman. (Eds.) 2011. Cognitive Behavioral Therapy for Children: Therapeutic Principles (Hebrew). Diunon-Probook. [454 pp.]

C. Other Scientific Publications:

Published

1. L. Willets and C. Creswell. Overcoming Your Child's Shyness and Social Anxiety. A Self-Help Guide Using Cognitive Behavioral Techniques (Hebrew version). Scientific Advisor: **S. Marom**. Translator: M. Levy. 2014. Diunon-Probook, Israel.
2. Colin A. Espie. Overcoming Insomnia. A Self-Help Guide Using Cognitive Behavioral Techniques. (Hebrew version). Scientific Advisor: **S. Marom**. Translator: P. Rapaport. 2014. Diunon-Probook, Israel.
3. C. Creswell and L. Willets. Overcoming Your Child's Fears and Worries. A Guide for Parents Using Cognitive Behavioral Techniques. (Hebrew version). Scientific Advisor: **S. Marom**. 2014. Translator: **S. Marom**. Diunon-Probook, Israel.



4. H. Kennerley Overcoming Childhood Trauma. (Hebrew version). Scientific Advisor: **S. Marom**. 2014. Translator: A. Segev-Bashan. Diunon-Probook, Israel.
5. K. Meares and M. Freeston. Overcoming Worry. A Self-Help Guide Using Cognitive Behavioral Techniques (Hebrew version). Scientific Advisor: **S. Marom**. 2014. Translator: D. Tadmor-Levy. Diunon-Probook, Israel.
6. J. Gaunterlett-Gilbert and C. Grace. Overcoming Weight Problems. (Hebrew version). Scientific Advisor: **S. Marom**. 2014. Translator: P. Rapaport. Diunon-Probook, Israel.

D. Articles in Refereed Journals

Published

1. R. Gross-Isseroff, T. Kushnir, H. Hermesh, **S. Marom**, A. Weizman, D. Manor. Alteration learning in social anxiety disorder: an fMRI study. *The World Journal of Biological Psychiatry*, 11,352-356, 2010. (IF=4.164, Q1)
2. E. Gilboa-Schechtman, **S. Marom**. Guest editorial: CBT: An example of evidence-based psychotherapy. *Israel Journal of Psychiatry*, 2009, 46, 242-244, 2009. (IF=0.242, Q4)
3. **S. Marom**, E. Gilboa-Schechtman, I. Aderka, A. Weizman, H. Hermesh. Impact of depression on treatment effectiveness and gains maintenance in social phobia: a naturalistic study of cognitive behavior group therapy. *Depression and Anxiety*, 26, 289-300, 2009. (IF=4.702, Q1)
4. E. Gilboa-Schechtman, E. Foa, Y. Vaknin, **S. Marom**, H. Hermesh: Interpersonal Sensitivity and Response Bias in Social Phobia and Depression: Labeling Emotional Expressions. *Cognitive Therapy and Research*, 32, 605-618, 2008. (IF=2.603, Q2)
5. **S. Marom**, H. Hermesh, P. Jones, A. Weizman, H. Munitz: Familial expressed emotion: relevance to seven years' rehospitalization outcome in schizophrenia. *Schizophrenia Bulletin*, Magyar nyelvű valogatás, 1, 1-8, 2006. (IF=7.958, Q1)
6. Iancu, J. Levin-Poreh, H. Hermesh, P. Dannon, Y. Ben-Yehuda, Z. Kaplan, **S. Marom**, M. Kotler. Social phobia symptoms: prevalence, sociodemographic correlates, and overlap with specific phobia symptoms. *Comprehensive Psychiatry*, 47, 399-405, 2006. (IF=2.567, Q2)
7. P. Green, H. Hermesh, A. Monselise, **S. Marom**, G. Presburger, A. Weizman. Red Cell Membrane Omega-3 Fatty Acids in Nondepressed Patients with Social Anxiety Disorder. *European Neuropsychopharmacology*, 16, 107-113, 2006. (IF=3.853, Q2)
8. T. Barkan, H. Hermesh, **S. Marom**, D. Gurwitz, A. Weizman, M. Rehavi. Serotonin uptake to lymphocytes of patients with social phobia compared to normal individuals. *European Psychopharmacology*, 16, 19-23, 2006. (IF N/A)
9. N. Laufer, R. Maayan, H. Hermesh, **S. Marom**, R. Gilad, R. Strous, A. Weizman. Involvement of GABA receptor modulating neuroactive steroids in patients with social phobia. *Psychiatry Research*, 137, 131-136, 2005. (IF=2.118, Q3)



10. N. Laufer, M. Zucker, H. Hermesh, **S. Marom**, R. Gilad, V. Nir, A. Weizman, M. Rehavi. Platelet vesicular monoamine transporter density in untreated patients diagnosed with social phobia. *Psychiatry Research*, 136, 247-250, 2005. (IF=2.118, Q3)
11. H. Hermesh, R. Gross-Isseroff, S. Konas, R. Shiloh, A. Weizman, **S. Marom**, R. Dar. H. Hermesh and Colleagues Reply. *Journal of Clinical Psychiatry*, 66, 136-137, 2005. (IF=4.204, Q1)
12. **S. Marom**, H. Hermesh, P. Jones, A. Weizman, H. Munitz: Familial expressed emotion: relevance to seven years' rehospitalization outcome in schizophrenia. *Schizophrenia Bulletin*, 31, 751-758, 2005. (IF=7.958, Q1)
13. E. Gilboa, G. Presburger, **S. Marom**, H. Hermesh: The effects of social anxiety and depression on the evaluation of facial crowds. *Behavior Research and Therapy*, 43, 467-474, 2005. (IF N/A)
14. E. Nahshoni, H. Hermesh, S. Gur, **S. Marom**, J. Levin, A. Weizman. QT dispersion in patients with social phobia. *Journal of Affective Disorders*, 78, 21-26, 2004. (IF=3.892, Q1)
15. H. Hermesh, S. Konas, R. Shiloh, R. Dar, **S. Marom**, A. Weizman, R. Gross-Isseroff. Musical hallucinations: prevalence in psychotic and non-psychotic outpatients. *Journal of Clinical Psychiatry*, 65, 191-197, 2004. (IF=4.204, Q1)
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Since last promotion:

21. Stein, M. Asher, S. Erez, T. Shechner, **S. Marom**, H. Hermesh, I.M. Aderka. Developing a brief version of the Social Thoughts and Beliefs Scale (STABS) using item response theory. *Cognitive Therapy & Research*, 64, 64-70, 2019. (IF=2.603, Q2)
22. M. Asher, H. Hermesh, S. Gur, **S. Marom**, I.M. Aderka. Do Men and Women



Arrive, Stay, and Respond Differently to Cognitive Behavior Group Therapy for Social Anxiety Disorder? *Journal of Anxiety Disorders.*, 64, 64-70, 2019. (IF=3.079, Q1)

E. Articles or Chapters in Scientific Books (which are not Conference Proceedings)

Published

23. Lazarov, **S. Marom**, N.Yahalom, D.S. Pine, H. Hermesh, Y. Bar-Haim. Attention Bias Modification Augments Cognitive Behavioral Group Therapy for Social Anxiety Disorder: A Randomized Controlled Trial. *Psychological Medicine.*, 20, 1-9, 2017. (IF=5.811, Q1)
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34. **S. Marom**. Social Phobia- assessment and treatment pp 64-67, in *Medicine, Psychiatry, Forum Media 2009 Invited book chapter*.
35. **S. Marom**. CBT in Medicine, Psychiatry, Forum Media pp 68-70, 2009. **Invited book chapter**.
36. **S. Marom**-principles of CBT. In: *Psychiatry: principles*. (Eds): H. Munitz, A. Elizur, S. Tyano, M. Neuman. 2017 Diunon-Probook.
37. **S. Marom**, I. Aderka, E. Gilboa-Schechtman. CBT for Social Phobia, in : **S. Marom**, E. Gilboa-Schechtman, N. Mor, J. Meyers. (Eds.) 2011. *Cognitive Behavioral Therapy for Adults: Therapeutic Principles (Hebrew)*. Diunon-Probook. PP 71-92

Since last promotion:

38. R. Malkinson, J. Meyers, **S. Marom**, T. Ronen- Rosenbaum, *A bird's eye view of Israel and its history of psychotherapy, Cognitive Behavioral Therapy in a Global Context* (M. Terjesen & K. Doyle Eds., Springer Nature, 2023).

H. Other Scientific Publications

Published

1. **S. Marom**, I.M. Aderka, H. Hermesh, E. Gilboa-Schechtman. Social phobia: Maintenance models and main components of CBT. *Israel J Psychiatry*, 46, 264-268, 2009. [Review]
2. **S. Marom** The state of the art in CBT for depression and the anxiety disorders. *Psychoactualia: The Journal of the Israeli Association of Psychology*, 14-18, 14-18, 2008. Invited article [Review]
3. **S. Marom** . Current trend in CBT. *Medicine*, 5, 18-21, 2006. Invited article [Review]
4. **S. Marom**. Social Phobia. *Medicine*, 2, 36-39, 2006. Invited article [Review]
5. **S. Marom**. Body Dysmorphic Disorder. *Psychoactualia: The Journal of the Israeli Association of Psychology*, 16-19, 2006. [Review]
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8. **S. Marom**, H. Hermesh. Cognitive behavior therapy (CBT) in anxiety disorders. *Israel Journal of Psychiatry*, 40, 135-144, 2003. [Review]
9. **S. Marom**. Current trends in CBT. *Psychoactualia: The Israeli Association of Psychology*, 16-20, July, 2002. (Invited article) [Review]
10. **S. Marom**, H. Hermesh, Z. Carmeli, H. Munitz: Expressed emotion (EE): a review. *Sihot, Israeli Journal of Psychotherapy*, 6, 198-202, 1995. [Review]
11. M. Newborn, D. Raveh, **S. Marom**. CBT for Social Phobia. *Sihot*, 2012, 26, 145-152, 2012.



Invited article [Review]

12. **S. Marom**. Is there still place for psycho-analysis in the 21th century? *Medicine*, ,14, 10-12, 2010. Invited article. [Review]

K. Submitted Publications

1. I.M. Aderka, S. Erez, **S. Marom**, H. Hermesh; Perceived social power and maintaining processes of social anxiety disorder. *Journal of Anxiety Disorders*.
2. **S. Marom**, Y. Kushnir, e. Gilboa-Schechtman, H. Hermesh. Long-term outcome of medicated and non-medicated social anxiety disorder patients, following cognitive behavior group therapy: A naturalistic study. *Depression & Anxiety*.
3. N. Rozen, E.Gilboa-Schechtman, **S. Marom**, H.Hermesh, I.M. Aderka. Does comorbid major depressive disorder affect the Relationship between social anxiety and depressive symptoms during treatment for social anxiety disorder? *Journal of Anxiety Disorders*.



L. Summary of My Research Activities and Future Plans

My current research focuses on various treatment outcomes. I am particularly interested in CBT and CBGT outcomes in SAD as well as in treatment outcome prediction and improvement of treatment results.

My plans are to further study ways and means of improving CBT and CBGT for SAD especially in cases of poor responders. I hope to develop effective guidelines for reaching out to people with SAD who dropped out of CBGT and are in need of treatment plans that work for them.

Additionally, I wish to improve access to CBT among psychologists and psychology students and interns in Israel and assist them with implementing CBT in their work in various novel ways as for example, in case of specific anxiety disorders, via Internet interventions.